REAL EYES REALIZE the Power of "Music and Documentary Picks"

Tool Description - Tell Me More ...

Music and movies are outstanding mediums for understanding viewpoints from a variety of different people, walks of life, and challenges of which we can all relate or find an extra dose of education and awareness.

Music speaks to the soul: it allows us to listen, feel, relate and emote from a place within. Movies, especially documentaries, can connect us to difficult situations from a place of care and intellect, and a desire for all people to receive the gifts of freedom, love, and belonging.

We are excited to share some of the Top Picks of Documentaries and Music from social activist and podcast guest Lonnell Graham. We hope you ENJOY!

Documentaries:

- "The Two Killings of Sam Cooke" by Kelly Duane de la Vega
- "I Am Not Your Negro" by Raoul Peck
- "13th" by Ava DuVernay
- "Hello, Privilege. It's Me Chelsea" by Chelsea Handler
- "Knock Down The House" by Rachel Lears

Music:

- IMO Tashea Loper playlist on Spotify by Lonnell Graham
- No Justice, No Peace playlist on Spotify by Lonnell Graham