# **REAL EYES REALIZE "Gender Identity Educational Resources"**

### Tool Description – Tell Us More ...

**REAL Eyes Realize** podcast is dedicated to getting REAL and raising awareness for resources that support our families and communities in the cross-section of deep personal truth and loving acceptance of one another.

We wish to foster an environment of inclusivity and acceptance as it relates to gender identity and expression. Often, the first step is to educate ourselves on the challenges, opportunities, and resources available to support any and all persons to live their most authentic life, in the LGBTQ+ community and beyond.

## Consider This ...

Here are some helpful **Resource Links** for deeper inquiry and support:

#### Organizations Helping with Inclusive Laws and Policy:

<u>American Civil Liberties Union</u> - dedicated to ensuring all people are protected under the United States Constitution in defending civil liberties and rights.

<u>Human Rights Campaign</u> - focused on mobilizing equality voters nationwide, educating the public and community about LGBTQ issues, and advancing pro-equality policy and litigation.

#### Organizations Helping with Education and Support for LGBTQ+ Community:

<u>Gender Spectrum</u> - organization that works to bring gender understanding and inclusion to the organizations that affect all children in order to create gender-inclusive environments from birth to young adulthood.

<u>Pink Flag</u> - advocacy group working to reduce and remove the root causes of violence and injustice against transgender and gender-expansive people. Committed to education about gender identity and gender expression in order to meet unfounded fear with facts.

<u>The Trevor Project</u> - offers accredited life-affirming programs and services for LGBTQ youth and their families.

#### Additional Reading Resources:

<u>Red: A Crayon's Story</u>, Book by Michael Ha